



COVID-19

CITY OF STEINBACH PARKS & RECREATION SERVICES

Strategic Plan to Reopen

Reflects current Manitoba Public Health Order &
Manitoba Restoring Safe Services phase

As of August 17th, 2020

(Subject to Change)

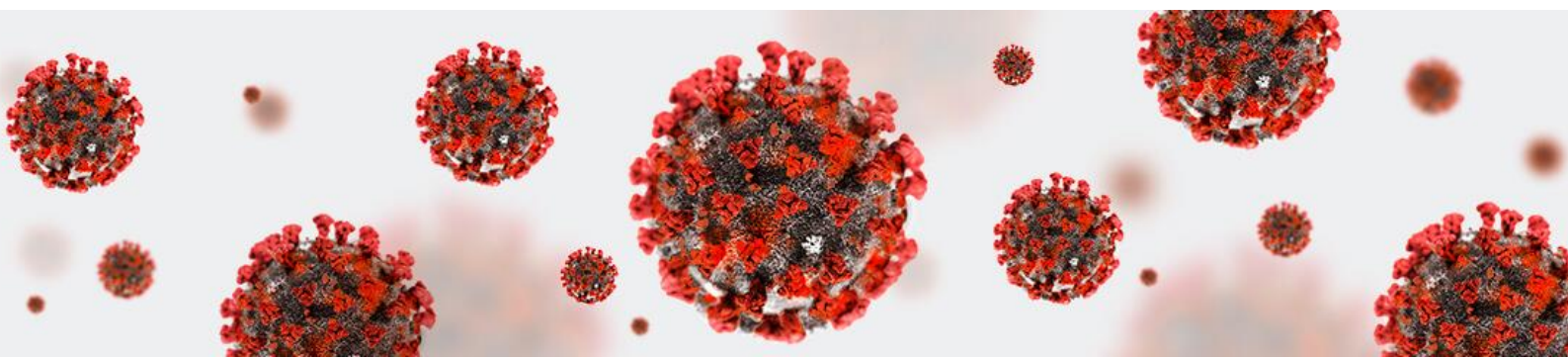


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INTRODUCTION

This document will provide guidance to protect Steinbach Parks & Recreation facility users and spectators from COVID-19. Strategies can be adapted to meet the needs of different environments.

Novel Coronavirus and COVID-19

Coronaviruses are a large family of viruses that can cause illness ranging from the common cold to more severe diseases. A novel coronavirus is a new strain that has not been previously identified in humans.

COVID-19 stands for Corona Virus Disease – 2019 (year the outbreak began). COVID-19 spreads through the direct contact with the respiratory droplets of someone who is infected with the virus through their cough or sneeze. These droplets can spread up to two meters/six feet. It may be possible for a person to get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes.

Symptoms

Symptoms of COVID-19 are similar to other respiratory illnesses including the flu and common cold. Common symptoms of COVID-19 include: fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue, and loss of appetite.

Symptoms may vary from person to person. Some people may experience mild symptoms, while others have more severe symptoms. If you have COVID-19, or think you might have it, contact Health Links for further direction and if you are sick, stay home.

To learn about COVID-19 symptoms, what to do if you are feeling ill, and who may be at higher risk for complications, see [Symptoms of COVID-19](#).

PROTECTIVE MEASURES FOR FACILITY USERS

Reduce your Risk

- Stay home if you are experiencing symptoms, even if they are seemingly mild
- Screen participants, staff and volunteers daily for symptoms prior to work or participation in activities. Individuals who are ill with Covid-19 symptoms will not be permitted on site for work or scheduled activities.
- Allow and promote physical distancing of two meters (6ft) at all times; except brief exchanges and when actively participating or spectating in a sport or activity
- Avoid congregating in shared areas, such as hallways and lobbies
- Follow guidelines from individual sport organizations and facility site plans to minimize physical contact and risk of Covid-19 transmission between participants and users
- Water fountains will be closed at this time. Facility users are encouraged to bring their own filled water bottle.
- All users must adhere to their Provincial (Manitoba) Sport Organization guidelines

Coronavirus is spread from an infected person through:

- Respiratory droplets spread when a person coughs or sneezes
- Close personal contact such as touching or shaking hands
- Touching an object or surface with the virus on it, then touching your mouth, nose or eyes before washing your hands

The Importance of Hand Washing

- Wash your hands often with soap and water for at least 20 seconds. Using soap and water is the single most effective way to reduce the spread of virus
- If a sink is not available, you can use alcohol-based hand rubs to clean your hands as long as they are not visibly soiled. If your hands are visibly soiled, use a wipe and then ABHR to effectively clean them.
- Do not touch your face, mouth, nose or eyes with unwashed hands

Preventative Measures

- Do not share food, drinks, utensils, and personal items
- Cover your cough or sneeze into your elbow or a tissue. Immediately throw the tissue in the garbage and wash your hands.
- Regularly clean and disinfect frequently touched objects and surfaces

Physical Distance Protocols

COVID-19 has highlighted how close our interactions are on a daily basis. These actions are second nature to most people. In order to help remind the public and keep people safe, we have implemented some reminders to the public and our staff to limit the spread of the virus. It is very important that we offer a safe environment for the community.

We are going to do this in various ways:

- Designated entrances with directional arrows/roped areas will be implemented to control the amount of people who enter our facilities and reduce overcrowding
- Plexi glass to create a barrier between the front desk/ticket seller and the customer
- Physical distancing markers on the floor
- Closure of showers if required
- Removal of tables in our lobby areas as required
- Limitations on use of bleachers, lobbies and common use areas
- Physical distancing signage
- Follow the current Manitoba Public Health Order and Manitoba Restoring Safe Services phase

PLAN OF OPERATION

FOR THE SAFETY OF OUR STAFF AND OTHER USERS, ANY VIOLATION OF THESE PROTOCOLS OR NON-COMPLIANCE BY PARTICIPANTS/COACHES/INSTRUCTORS MAY RESULT IN CANCELLATION OF ALL FUTURE BOOKINGS DEPENDING ON THE SITUATION.

Spreading the Word

The most important aspect of reopening facilities is communication with the public and facility users. We will be using the City of Steinbach website (<https://www.steinbach.ca/>) and social media (<https://www.facebook.com/SteinbachCityRecreation/>) to announce any updates.

Every person entering the facility will need to self-screen. Current protocols and information will be posted for review.

Public Parks & Playgrounds

- It is the responsibility of each individual to follow the current Manitoba Public Health Order and Manitoba Restoring Safe Services phase
- It is encouraged to wash/sanitize your hand before and after the use of the equipment
- Signage will be posted to remind Manitoba Public Health guidelines
- Physical distancing is highly recommended

E.A. Friesen Splash Park

- It is the responsibility of each individual to follow the current Manitoba Public Health Order and Manitoba Restoring Safe Services phase
- It is encouraged to wash/sanitize your hand before and after the use of the equipment
- Signage will be posted to remind Manitoba Public Health guidelines
- Physical distancing is highly recommended

Steinbach Parks & Recreation Services

Strategic Plan to Reopen

A.D. Penner Park

(Rugby, Baseball, Softball, Fastball, Football, Picnic Shelters)

- It is the responsibility of each individual organization/group to create, and adhere to their individual plan of operation during the Covid-19 Pandemic that follows the current Manitoba Public Health Order and Manitoba Restoring Safe Services phase.
- Provincial and National Sport Organizations will be implementing protocols or 'Return to Play' plans. Compliance to these plans is the responsibility of the user groups. Cooperation of all user groups will help ensure safety.
- It is encouraged to wash/sanitize your hand before and after the use of the equipment
- City of Steinbach will implement an enhanced disinfecting routine for washrooms
- It is recommended that facility users have their own insurance
- Signage will be posted to remind Manitoba Public Health guidelines

Volleyball Courts (A.D. Penner Park & T.G. Smith Centre)

- It is the responsibility of each individual to follow the current Manitoba Public Health Order and Manitoba Restoring Safe Services phase
- It is encouraged to wash/sanitize your hand before and after the use of the equipment
- Signage will be posted to remind Manitoba Public Health guidelines
- Physical distancing is highly recommended

Tennis Courts

- It is the responsibility of each individual to follow the current Manitoba Public Health Order and Manitoba Restoring Safe Services phase
- It is encouraged to wash/sanitize your hand before and after the use of the equipment
- Signage will be posted to remind Manitoba Public Health guidelines
- Physical distancing is highly recommended

KR Barkman Park & Gazebo

- It is the responsibility of each individual to follow the current Manitoba Public Health Order and Manitoba Restoring Safe Services phase
- It is encouraged to wash/sanitize your hand before and after the use of the equipment
- Signage will be posted to remind Manitoba Public Health guidelines
- Physical distancing is highly recommended

Steinbach Parks & Recreation Services

Strategic Plan to Reopen

Steinbach Soccer Park

- It is the responsibility of each individual organization/group to create, and adhere to their individual plan of operation during the Covid-19 Pandemic that follows the current Manitoba Public Health Order and Manitoba Restoring Safe Services phase.
- Provincial and National Sport Organizations will be implementing protocols or 'Return to Play' plans. Compliance to these plans is the responsibility of the user groups. Cooperation of all user groups will help ensure safety.
- It is encouraged to wash/sanitize your hand before and after the use of the equipment
- City of Steinbach will implement an enhanced disinfecting routine for washrooms
- Signage will be posted to remind Manitoba Public Health guidelines
- It is recommended that facility users have their own insurance

Steinbach Aquatic Centre

***Note:** The Steinbach Aquatic Centre indoor facility is closed due to renovations. The outdoor pool and splash pad onsite remains open with guidelines to limit the spread of Covid-19. The hot tub is located inside the Aquatic Centre and is closed due to renovations.

- All programming has been planned to allow for an enhanced disinfecting routine
- It is the responsibility of each individual to follow the current Manitoba Public Health Order and Manitoba Restoring Safe Services phase
- Patrons are encouraged to come dressed in swim attire to reduce change time
- Screening of patrons will take place as they enter the facility
- The Steinbach Aquatic Centre staff will be restricting and monitoring attendance numbers according to government guidelines and will adjust accordingly
- Patrons are encouraged to wash/sanitize their hands before and after use of the pool
- Individuals will be responsible for putting their own wristbands on
- Saunas and steam rooms remain closed. Whirlpools may be opened only if they comply with bather load restrictions
- Aquatic equipment and toys will be restricted
- Signage will be posted to remind Manitoba Public Health guidelines
- Physical distancing is highly recommended

Room Capacities:

Ladies Change Room – 10

Men's Change Room – 10

Family Change Room – 10

Summer Sports Camp

- It is the responsibility of each individual to follow the current Manitoba Public Health Order and Manitoba Restoring Safe Services phase
- Camp Directors (Staff) must use the City of Steinbach Self-Screening Tool before reporting to work each day – *Refer to Resource Appendix*
- It is encouraged to wash/sanitize your hand before and after the use of the pool and equipment
- Signage will be posted to remind Manitoba Public Health guidelines
- Physical distancing is highly recommended
- Individual Camper Screening must occur each day at drop off and a parent's initials on the attendance sheet will confirm that the screening was completed for the child that day. No children with symptoms will be allowed to attend

T.G. SMITH CENTRE

CENTENNIAL & T.G. SMITH ARENAS

COVID-19 has changed the way we can operate the T.G. Smith Centre and a plan that will help keep people safe is required. This includes participants, spectators, coaching staff and facility staff. Everyone wants a successful season without interruptions so we all need to work together to achieve this goal.

Facility Users Obligations

It is the responsibility of each individual organization/group to create, and adhere to their individual plan of operation during the Covid-19 Pandemic that follows the current Manitoba Public Health Order and Manitoba Restoring Safe Services phase. This plan is to be submitted to the Recreational Services Coordinator prior to first ice rental. The City of Steinbach will provide facility signage, and may assist with the interpretation of the current Public Health Order and Manitoba Restoring Safe Services phase.

Provincial and National Sport Organizations will be implementing protocols or 'Return to Play' plans. Compliance to these plans is the responsibility of the user groups. Cooperation of all user groups will help ensure a safe facility.

Policies inside T.G. Smith Centre

- The user of the facility is responsible for the actions of their group members
- The user is responsible for pre-screening group members. Please refer to the Pre-Screening Tool on Health Links: <https://sharedhealthmb.ca/covid19/screening-tool/>
- Anyone displaying symptoms of Covid-19 is not allowed to enter the facility
- It is recommended that facility users have their own insurance
- Spitting in the facility is not allowed
- The maximum number of people in the building is 50% of regular capacity (Physically distanced)
 - Centennial Arena – 737 (Regular capacity is 1474)
 - Centennial Lobby – 60
 - T.G. Smith Arena – 146 (Regular capacity is 292)
 - T.G. Smith Lobby – 25
- Players in younger age groups are encouraged to come fully dressed with the exception of helmet and skates to decrease the amount of time spent in the dressing rooms, come "Ice-ready"

Steinbach Parks & Recreation Services

Strategic Plan to Reopen

- For younger age groups, it is encouraged that coaches assign 1 or 2 parents as 'Equipment and Skate Tie Assistants' to limit total numbers of individuals in each dressing room
- Dryland training is encouraged to be outdoors
- Informational and directional signage will be placed throughout the facility
- City of Steinbach will implement an enhanced disinfecting routine throughout the day for all high touch surfaces
- Shower use maybe restricted
- Water fountains will be closed at this time. Facility users are encouraged to bring their own filled water bottle.
- Ice user will have access to dressing rooms 30 minutes prior to rental time and must vacate the room 30 minutes after rental time
- Beverage vending machine will be available

Capacity limits for each room will be posted on signage throughout the facility.

***Note:** Capacity limits are subject to change as per current Manitoba Public Health Order and Manitoba Restoring Safe Services phase.

Outdoor Ice

It is the responsibility of anyone using the Outdoor Rink to adhere to the current Manitoba Public Health Order and Manitoba Restoring Safe Services phase. Dressing room capacity will be posted onsite.

Youth Rec Hockey

- A maximum capacity of 20 participants per ice slot will be implemented
- All players are to self-screen prior to arrival
- Players in younger age groups are encouraged to come fully dressed with the exception of helmet and skates to decrease the amount of time spent in the dressing rooms, come "Ice-ready"
- For younger age groups, it is encouraged that coaches assign 1 or 2 parents as 'Equipment and Skate Tie Assistants' to limit total numbers of individuals in each dressing room

STEINBACH PISTONS (MJHL)

COVID-19 has changed the way we can operate the T.G. Smith Centre and a plan is required that will keep people safe. This includes players, spectators, coaching staff and facility staff. Everyone wants a successful season without interruptions so we all need to work together to achieve this goal.

The Manitoba Junior Hockey League (MJHL) will be implementing 'Return to Play' guidelines. Compliance to these guidelines is the responsibility of the Steinbach Pistons.

It is the responsibility of each individual organization/group to create, and adhere to their individual plan of operation during the Covid-19 Pandemic that follows the current Manitoba Public Health Order and Manitoba Restoring Safe Services phase. This plan is to be submitted to the Recreational Services Coordinator prior to first ice rental. The City of Steinbach will provide facility signage, and may assist with the interpretation of the current Public Health Order and Manitoba Restoring Safe Services phase.

Player and Team Personnel Entrance

Please self-screen before entering the building every day. If anyone is experiencing symptoms, they are not allowed to enter the facility. If someone tests positive of COVID-19, please inform Manager of Parks & Recreation – Russ Dyck (204) 346-6216 or Recreation Services Coordinator – Cassandra Kornelsen (204) 346-6217 immediately. If any City of Steinbach Arena staff test positive for COVID-19, The Steinbach Pistons General Manager will be informed immediately.

Steinbach Pistons team is to remain in their designated area prior to and after a game

- They are to use their designated entrance/exit
- They may use hallway under section C and D for pre-game warm-ups

Visiting team should not enter facility prior to 90 minutes before game time

- Their designated entrance/exit is the exterior door next to dressing room #3
- They are to remain in their assigned rooms and hallway area (Not to enter into rest of facility except for pre-game skate and game)

Steinbach Parks & Recreation Services

Strategic Plan to Reopen

Facilities

It is the responsibility of the team to follow the current Public Health Order and Manitoba Restoring Safe Servings phase when using any rooms or areas within the facility. The City of Steinbach will assist with facility signage, and the interpretation of the current Public Health Order. Providing hand sanitizer for team staff and players is the team's responsibility.

Spectators

- Capacity is determined by the current Manitoba Public Health Order and Manitoba Restoring Safe Services phase
 - The maximum number of people in the building is 50% of regular capacity (physically distanced)
 - Centennial Arena – 737 (Regular capacity is 1474)
- A strategic seating/standing room and traffic flow/crowd control plan will be jointly developed by Steinbach Pistons and City of Steinbach
 - The City of Steinbach will provide facility signage, floor markers and rope barriers
- Spectators will enter at their designated door no earlier than 30 minutes prior to game time
- Steinbach Pistons attendees/season ticket holders will receive specific correspondence on protocol from Steinbach Pistons
- When entering the arena for a game, physical distancing will be implemented
- No mingling/gathering within the lobby area
- Canteen availability will be announced at a later date by the Canteen Committee

Room Capacities

- Press Box – 4 people
 - Multipurpose Room – 15 people
 - Audio/Video Control Room – 2 people
 - Penalty Box – 2 people (Score Keeper, Time Keeper), PA Announcer to remain at rear
 - Bleacher Desk – 3 people
 - The Garage (Pro-shop) – 3 people
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APPENDIX COVID-19 RESOURCES



COVID-19 Pandemic Summer Recreation Camp Screening Tool

To prevent the spread of COVID-19 and to reduce the potential risk of exposure to the camps, this questionnaire will be conducted daily upon the camper's arrival to the camp drop off location.

Health screening is voluntary; however, any person who refuses to answer screening questions will be denied access to the camp. Complying with the safety measures and Province of Manitoba's regulations is in the interest of ensuring camper and staff safety.

Screening Set Up Station

1. A designated location with staff in place prior to the arrival of campers
2. Ensure that physical distancing is maintained during screening/drop off of campers

Screening Process Questions

Campers will be asked these screening questions with their parent/guardian present in a respectful manner.

Each camper/parent will be asked 6 questions directly related to the camper attending the camp:

1. **Are you currently experiencing shortness of breath or trouble breathing?**
2. **Do you have a new onset of 2 or more of any of the following cold or flu-like symptoms:**
 - a. **Fever**
 - b. **Cough**
 - c. **Sore Throat**
 - d. **Severe fatigue**
 - e. **Runny Nose**
 - f. **New loss of taste or smell**
3. **Have you been in a group setting in Manitoba in the last 14 days where someone has been confirmed to have COVID-19, such as at a large meeting or event?**
4. **Have you travelled outside of Manitoba within the last 14 days, excluding personal travel to border communities within Manitoba?**
5. **Have you had close contact (face to face contact within 2 meters/6 feet) with a person who travelled outside of Manitoba during the last 14 days and who has become ill (cough, fever, or sore throat) since returning?**
6. **Have you or anybody in your home had close contact (face to face contact within 2 meters/6 feet) with someone who has been diagnosed with COVID-19 within the last 14 days?**

If the answer is **YES** to **ANY** of the above questions, please document, notify the Recreation Services Coordinator and send the camper home immediately to self-isolate.

Direct the camper/parent to contact: <https://sharedhealthmb.ca/covid19/screening-tool/> for their next steps.



COVID - 19



DO NOT ENTER THIS FACILITY:



If you have had contact with someone that is suspected or confirmed to have Covid-19 in the last 14 days



If you have returned from international travel or travel restricted areas within Canada in the last 14 days



If you have a new onset of any of the symptoms related to coronavirus, which are:

- Fever/chills
 - Cough
 - Loss of taste or smell
 - Sore throat/hoarse voice
 - Shortness of breath
 - Vomiting or diarrhea for more than 24 hours
 - Poor feeding if an infant
- 2 or more of the following:
- Runny nose
 - Muscle aches
 - Fatigue
 - Headache
 - Nausea or lack of appetite
 - Skin rash of unknown origin

Providing essential services continues to be our priority while protecting the health and well-being of our residents and employees.

Handwashing Procedure

1. Wet hands under warm running water.
2. Add soap, lather and scrub hands - scrub palms, in between fingers, backs of hands and under nails - for 15 to 20 seconds.
3. Rinse well under warm running water.
4. Dry hands using paper towel.
5. Throw into garbage.
6. Turn off taps with another paper towel and throw into garbage.

Healthy Child Manitoba
Promoting children's health and development
Manitoba

Wash Your Hands

- 1** Wet hands
- 2** Add soap, make bubbles
sing the abc's or count to 10
- 3** Rinse well
- 4** Dry hands with paper towel
- 5** Throw into garbage
- 6** Use a new paper towel to turn off taps
- 7** Throw into garbage
- 8** Clean hands!

Healthy Child Manitoba
Promoting children's health and development
Manitoba

Cover Your Cough and Sneeze



- Cover your mouth and nose using your upper sleeve or elbow.

OR



- Cover your mouth and nose with a tissue.
- Throw used tissue in the garbage.
- Wash your hands with soap and water. If soap and water are not available, hand sanitizer can be used.

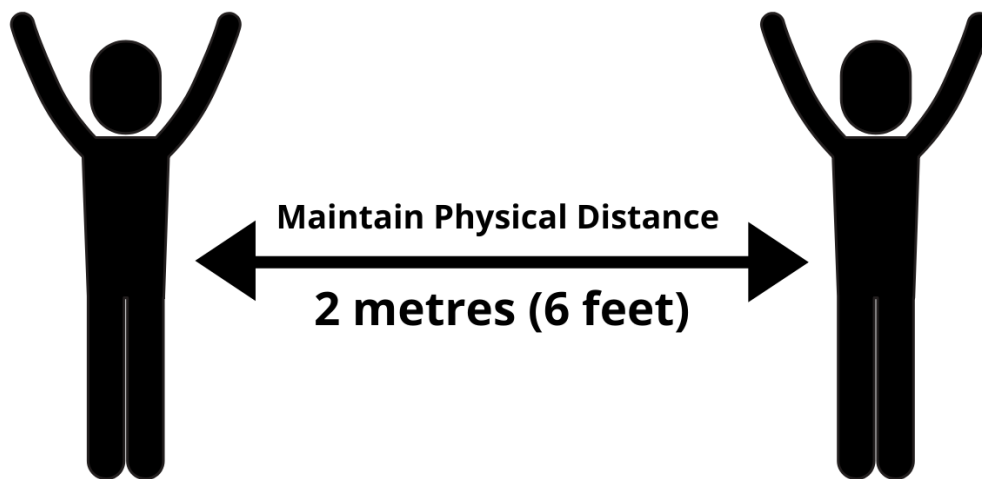




COVID - 19

DO YOUR PART

**MAINTAIN PHYSICAL
DISTANCING AND FOLLOW
CURRENT PROVINCIAL
HEALTH GUIDELINES**



FOR MORE INFORMATION VISIT STEINBACH.CA