



## **IMPORTANT COVID-19 NOTICE**

### **Government Guidelines for Pools**

The City of Steinbach wants to ensure public safety and caution at this time. All users of the Steinbach Aquatic Centre are strongly encouraged to follow and stay up-to-date on the Province of Manitoba Covid-19 Pandemic Guidelines and Regulations to ensure safe and preventative practices.

Patrons at higher risk of serious illness may consider waiting to return to these facilities.

## **AQUACISE CLASS REGULATIONS**

- Class sizes are limited to 10 per class and are on a first-come, first-served basis
- Online registration is preferred – for information on how to do this, see Aquacise Classes on previous page
- Masks must be worn at all times except when participating in water activities.  
Masks should not be worn in the water
- Change rooms have a reduced capacity. Please arrive already dressed in your bathing attire to assist with timely staggered entry through the change rooms. A shower with soap is required before entering the pools
- Bring as few personal items as possible
- To protect our staff, no towel service will be offered at this time
- The water fountain is closed; please bring your own plastic water bottle
- Cashless payment is preferred. Where possible, please use contactless payment
- All patrons entering the facility will be screened at the door
  - Anyone exhibiting symptoms will be turned away. Please ensure you are staying home when ill and using the online self-screening tool before attending the facility <https://sharedhealthmb.ca/covid19/screening-tool/>

- Due to COVID-19 sanitization requirements, some equipment will be unavailable (this will include floatation belts, pool noodles and dumbbells)
  - **If you have your own Aquacise equipment (pool noodles, floatation belts/PFDs) please bring it with you to your class**
    - Do not share your equipment
  - Pool noodles, floatation belts and dumbbells will be available for purchase at the front desk
- Sauna and hot tub are closed
- Showers in change rooms will not be available at the end of your class. Please change quickly and shower at home to assist with timely staggered exit through the change rooms.