

## **Red Cross Water Safety Instructor (WSI)**

The Water Safety Instructor Course prepares candidates to instruct the Red Cross Swim Programs. Candidates focus on strategies to introduce and develop swimming and water safety skill in the Red Cross Swim Preschool, Swim Kids and Swim Basics programs. Red Cross Swim @ School, Swim Camp and Adapted programs are also covered. Certification is current for 2 years.

The Course consists of four components:

1. WSI Skills – 4 hours minimum
2. WSI Online – approx. 14-20 hours
3. WSI Classroom & Pool – 9 hours classroom and 12 hours pool
4. WSI Teaching Experience – minimum 8 hours (may be required to do more practice teaching)

Prerequisites are:

- 15 years or older by the last day of the Class room and Pool component
- Ability to perform water safety skills and strokes at the performance criteria of Swim Kids 10
- One of: Red Cross Assistant Lifeguard, Emergency First Aid or higher, or Bronze Cross (certifications do not need to be current)