



How to become an Instructor/Guard



www.Steinbach.ca/Pool

Our Facility...

Our brightly lit and beautifully muraled facility offers over 24,000 square feet of fun, including a junior Olympic pool (6 lanes, 25 metres long), 2 waterslides, 1-metre diving board, leisure pool, lazy river, feature sprays, sauna, hot tub and multi-purpose room.



We are a glass free facility. No glass of any kind is permitted in the building.



Newly refurbished vending machines are available in our lobby for snacks and beverages.

Course Fees

Courses	
Bronze Medallion	\$237.90
Bronze Cross	\$221.55
Blended Standard First Aid	\$160.72
National Lifeguard	\$468.02
Swim for Life Instructor	\$401.10
Lifesaving Instructor	\$377.72

Recertification Courses	
Standard First Aid	\$112.60
National Lifeguard	\$108.92
Swim for Life Instructor	\$115.50
Lifesaving Instructor	\$119.42

Prices include taxes and are subject to change



Contact Us
Phone: 204-346-6207
Email: aquaticcentre@steinbach.ca
@CityofSteinbach



Our Location
Steinbach Aquatic Centre
330 Park Road East, Steinbach, MB



Scan the QR code to create a new account!

Instructor/Guard Checklist

- Complete Bronze Medallion
- Complete Bronze Cross
- Complete Certification of SFA with CPR "C"
- Complete National Lifeguard Course
- Complete Swim for Life Instructor Course

Bilingual (French) is considered an asset.

Lifesaving Instructor (LSI) is considered an asset.



For more info on becoming an Instructor/Guard, please scan the QR code

Lifeguarding Courses

Bronze Medallion (BM)

Includes basic fundamentals of water rescues, lifesaving skills, fitness, and water-smart awareness.

Prerequisites:

- Must be 13 years of age by last day of course

Bronze Cross (BC)

Builds on BM lifesaving training and introduces safety supervision in aquatic facilities.

Prerequisites:

- Must be 13 years of age by last day of course
- Must have BM by first day of course (does not need to be current)

Blended Standard First Aid & CPR "C" (SFA)

An 8 hour online & 8 hour in-class course offering comprehensive first aid and CPR techniques

Prerequisites:

- Must be 13 years of age by last day of course

National Lifeguard (NL)

Focuses on core lifeguard principles including good judgement, communication, and responsible attitude

Prerequisites:

- Must be 15 years of age by last day of course
- Must have BC by first day of course (does not need to be current)
- SFA/CPR "C" by first day of course (does not need to be current)

*Certification is valid for 2 years

*Note: This course is required to work as a lifeguard in Manitoba

Instructor Courses

Swim for Life Instructor (SFLI)

Certification to teach Swim for Life & Swim Patrol (Rookie/Ranger/Star)

Prerequisites:

- Must be 15 years of age by last day of course
- Must have BC by first day of course (does not need to be current)

*Certification is valid for 2 years

Lifesaving Instructor (LSI)

Certification to teach Bronze Medal Awards (Bronze Medallion/Cross)

Prerequisites:

- Must be 15 years of age by last day of course
- Must have BC by first day of course (does not need to be current)

*Certification is valid for 2 years

Recertification Courses

National Lifeguard Re-cert

- 4 hour in-pool exam

Standard First Aid Re-cert

- 8 hour in-class course

Swim for Life Instructor Re-cert

- 4 hour in-class course

Lifesaving Instructor Re-cert

- 8 hour in-class course