



Steinbach Aquatic Centre

Steps to becoming a Swim instructor/Lifeguard

Lifeguard

There are two agencies that offer lifeguarding courses in Manitoba

Lifesaving Society

Bronze Medallion

Must be 13 years old



Bronze Cross

Must have taken bronze medallion
(does not need to be current)



Standard First Aid & CPR C

Must be 12 years old; Certification
must be from Red Cross, Lifesaving
Society or St.Johns



National Lifeguard

Must be 15 years old
Must have Bronze cross
(does not need to be current)
Must have SFA/CPR C

Red Cross

Standard First Aid & CPR C

Must be 12 years old;
Certification must be from Red
Cross, Lifesaving Society or St.Johns



Assistant Lifeguard

Must be 13 years old and
have completed SK 10
Must have SFA/CPR C



Lifeguard

Must be 15 years old
SFA/CPR C (must be current)
Must have Assistant Lifeguard
(does not need to be current)

Red Cross Instructor

Swim Kids 10



Bronze
Medallion



Bronze
Cross

OR

Assistant
Lifeguard



Water Safety Instructor

Must be 15 years old
Must have one of the
following Bronze cross or
Assistant Lifeguard