



Winter 2022 Swimming Lessons



Resident Priority Registration: Dec 14, 2021 at 8 am
Online at Steinbach.ca

Open Registration: Dec 15, 2021 at 8 am
Online at steinbach.ca

Registrations will be accepted during office hours until the 2nd scheduled class or online 24/7 until the first class.

Note: Classes are subject to cancellation or change due to low registration.



Office Hours

Monday - Friday: 6:30am - 9:00pm

Saturday: 8:00am - 6:00pm

Sunday: 11:30am - 6:00pm

Steinbach Recreation

Like us on Facebook!

Things to Do Before Registration Day:

1. If you have not already done so, please register for your online account 48 hours before registration day.
2. Know what level you need:
 - You can look this information up on the last Progress Card that your child received.
 - Call Customer Service at 204-346-6207. We will be happy to look this up for you and answer any questions you may have.
 - If you are unsure of what level to register in, have never taken lessons at our facility, or have not had lessons in a while, please bring your child in during any public swim before registration day for a free evaluation. We will recommend the appropriate level for your child and explain the results.
3. Review the list of available classes and have a few options chosen in the event your first choice is already full.
4. Have your credit card (Visa or Mastercard) information available so that it can be easily entered during the registration process.

Resident Priority Registration: Dec 14, 2021 at 8 am, online at steinbach.ca only.

Open Registration: Dec 15, 2021 at 8 am online at steinbach.ca only. There will be no phone registration.

Go to the city's website at steinbach.ca and follow the instructions to register for lessons!

French Swimming Lessons

4 L'outre de Mer

L'enfant participe à l'eau avec un gardien. Les enfants qui redoublent auront également besoin d'un gardien dans l'eau..

Barcode	Day	Start Date	End Date	Start Time	End Time
6041	Thu	01/06/2022	03/17/2022	17:05	17:35

5 Salamandre

Doit avoir complété la Loutre de mer ou avoir été évalué

Barcode	Day	Start Date	End Date	Start Time	End Time
6053	Thu	01/06/2022	03/17/2022	18:15	18:45

Natation Junior 1

Peux s'inscrire à 5 ans si le Salamandre à été complété ou un niveau plus élevé

Barcode	Day	Start Date	End Date	Start Time	End Time
6047	Thu	01/06/2022	03/17/2022	17:40	18:10

Mark your calendars!

SPRING 2022 REGISTRATION

RESIDENT PRIORITY REGISTRATION:
Tuesday March 22, 2022 at 8 am

OPEN REGISTRATION:
Wednesday March 23, 2022 at 8 am

PRIVATE & HOMECHOOL REGISTRATION:
Thursday, March 24, 2020
at 8 am for special needs
& 8:30 am for non-special needs

SWIM BASICS 1

For Adult and teens 12 years and up.

Red Cross Swim Basics 1 will teach comfort in the water through attainment of basic floatation, movement and breathing skills. This level is for those who cannot float or put their face in the water.

Barcode	Day	Start Date	End Date	Start Time	End Time
5967	Mon	01/03/2022	03/21/2022	19:55	20:40

SWIM BASICS 2

For Adults and teens 12 years and up.

Teaches comfort in the water through attainment of basic floatation, and strokes. Participants should be able to float and move through the water to register in this level.

Barcode	Day	Start Date	End Date	Start Time	End Time
5968	Mon	01/03/2022	03/21/2022	20:15	21:00

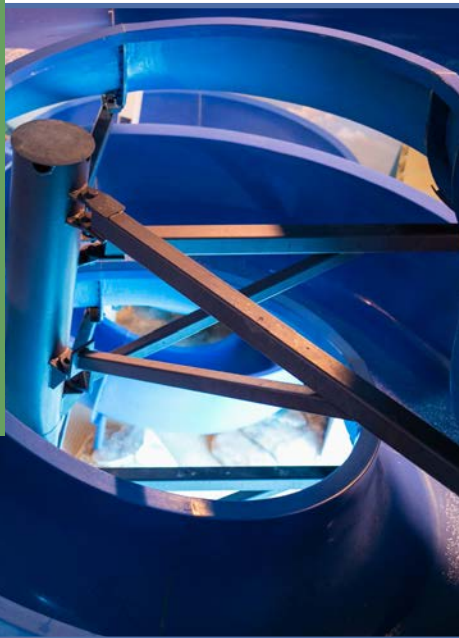
Covid 19 Regulations

In order to maintain the government regulations, the Steinbach aquatic centre has the following rules in place for public and private swimming lessons:

- **Effective December 6, 2021, all those aged 12 years and up are required to show proof of immunization and proof of identity for admission to an indoor recreation facility.**
- **Those aged 12 – 17 years who are not yet fully immunized must show proof that they have received one dose of a COVID-19 vaccine or show proof of a negative rapid COVID-19 test result within the previous 72 hours that is confirmed by a pharmacist**
- Children 11 and under need to be accompanied by a fully vaccinated adult.
- One parent/caregiver per family unit during lessons unless supervision of other children is necessary because an adult is required to be in the water
- **Masks are mandatory inside the facility, including in the changerooms. They may only be removed when entering the water**
- **All preschool levels up to Swim kids 4 may use shared equipment**
 - If you are uncomfortable using facility equipment, pool noodles are available for purchase at the front desk
 - If you choose to bring your own, please do not share your equipment
- Bring as few personal items as possible
- Any patrons showing symptoms or not conforming to current health orders will be turned away. Please stay home if you are ill or showing any symptoms

Important Note:

Our facility has been upgraded with new lockers. Visitors can bring their own lock or purchase one from Customer Service. Cost is \$3.50 and includes a wrist coil.



What is the cost?

CITY OF STEINBACH

	Resident	Non-Resident
Starfish - Sea Turtle	\$73.00	\$108.04
Sea Otter - SK4	\$78.00	\$115.44
SK5 - SK6	\$88.00	\$130.24
SK7 - SK10	\$99.00	\$146.52
Swim Basics & Strokes	\$92.40	\$136.75

Refund Information:

For any refund processed there is an *\$8.40 administration fee*. There is no charge to leave the credit on account for use at a later date.

Changes to or withdrawals from lessons made up to the end of day of the 2nd scheduled lesson will be granted a prorated refund or credit on account.

Changes to or withdrawals from lessons made after this time will only be granted a prorated refund or credit on account with a valid medical certificate.

Note: Holding spots is prohibited. If you register in multiple courses of the same level, an additional administration fee of \$20 will be applied to each withdrawal.

Exclusive pool rentals are available Saturday & Sunday from 6:00-9:00pm. The multipurpose room is also available to rent most days for birthdays and meetings. Call us at 204.346.6207 to check availability for your booking.

STANDARD FIRST AID & CPR COURSE

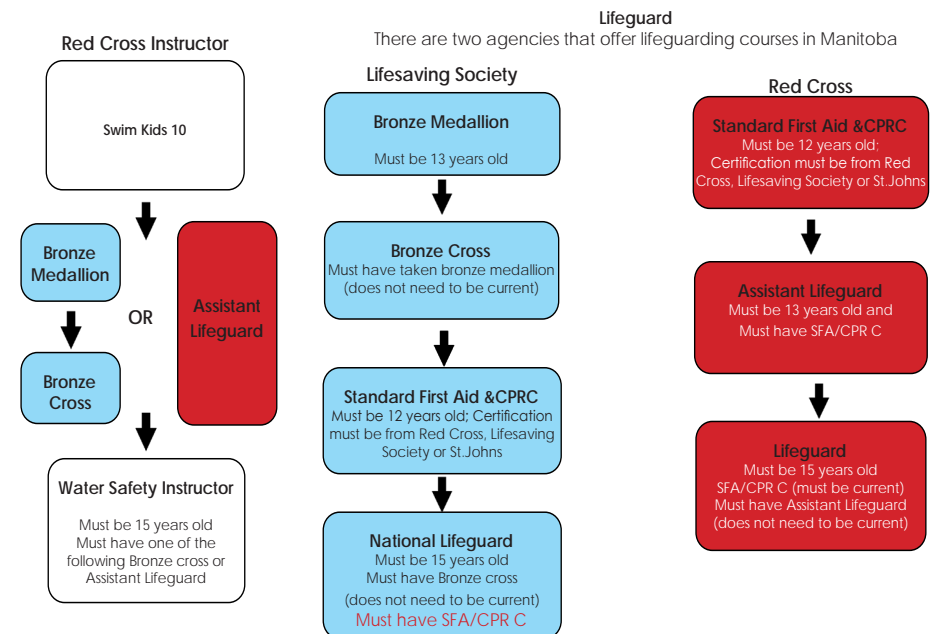
PLEASE NOTE: Red Cross recommends that all participants wear a face mask. To keep costs low, we ask that you supply your own mask, either procedural or homemade

Comprehensive First Aid & CPR techniques for those who need training for work requirements, or who want more knowledge to respond to emergencies in the workplace or home. The course covers a variety of topics from basic (such as cardiovascular & breathing emergencies, CPR Level C, AED, prevention of disease transmission) to in-depth, such as sudden medical conditions and injuries to the head and spine. SFA & CPR is a pre-requisite for both NLS and Red Cross Lifeguard courses.

For more information or to register for a session, contact us at the Steinbach Aquatic Center at 204.346.6207, or check the course dates and times on our website: steinbach.ca



Steinbach Aquatic Centre Steps to becoming a Swim instructor/Lifeguard



SWIM KIDS 5

Must have completed SK4 or be evaluated.

Barcode	Day	Start Date	End Date	Start Time	End Time
5955	Mon	01/03/2022	03/21/2022	18:30	19:15
6036	Thu	01/06/2022	03/17/2022	16:30	17:15
6069	Fri	01/07/2022	03/18/2022	17:05	17:50
6110	Sat	01/08/2022	03/19/2022	11:40	12:25

SWIM KIDS 6

Must have completed SK5 or be evaluated

Barcode	Day	Start Date	End Date	Start Time	End Time
5958	Mon	01/03/2022	03/21/2022	19:05	19:50
6009	Wed	01/05/2022	03/16/2022	17:40	18:25
6051	Thu	01/06/2022	03/17/2022	18:15	19:00
6070	Fri	01/07/2022	03/18/2022	17:40	18:25

SWIM KIDS 7/8 Split

Must have completed SK6 or be evaluated

Barcode	Day	Start Date	End Date	Start Time	End Time
5965	Mon	01/03/2022	03/21/2022	19:40	20:40
5982	Tue	01/04/2022	03/15/2022	17:40	18:40
6025	Wed	01/05/2022	03/16/2022	19:40	20:40
6088	Sat	01/08/2022	03/19/2022	09:05	10:05

SWIM KIDS 9/10 Split

Must have completed SK8 or be evaluated

Combined SK9/SK10 classes

Barcode	Day	Start Date	End Date	Start Time	End Time
5964	Mon	01/03/2022	03/21/2022	19:40	20:40
6028	Wed	01/05/2022	03/16/2022	20:15	21:15

Turn Your Aquatic Skills into a Career with our Assistant Lifeguard Course!

Our next course starts January 7, 2022

Pre-requisites:

Completion of Standard First Aid & CPR C.

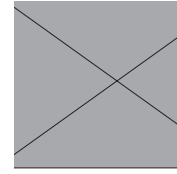
Must be age 13 or older.

More information can be found on our website at steinbach.ca or call our Customer Service Staff at 204-346-6207.

Red Cross Swimming Lesson Program

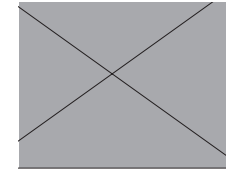
Parented Programs - 4 to 36 months

Progression through these levels is based on age.



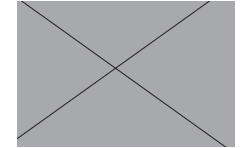
Starfish

4-12 months
by the first class



Duck

12-24 months
by the first class

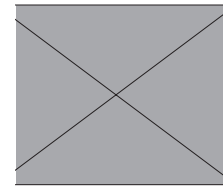


Sea Turtle

24-36 months
by the first class

Preschool Lessons - 3-5 years old

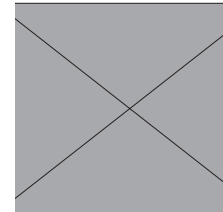
Starting with Sea Otter progression is based on completion of levels instead of age. Once a child turns 6 they will move to the Swim Kids program.



Sea Otter

Starting at 3 years old (by the first class)

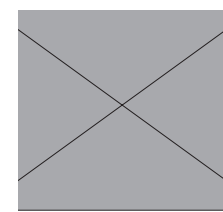
Child will participate with a caregiver. Children repeating Sea Otter should also have a caregiver ready to go into the water.



Salamander

Complete Sea Otter or evaluated

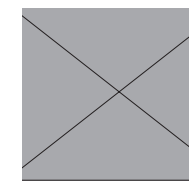
Incomplete: SK1 @ 6
Complete: SK1 @ 5 or 6



Sunfish

Complete Salamander or evaluated

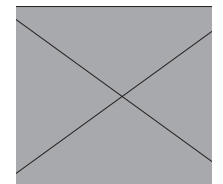
Incomplete: SK1 @ 5 or 6
Complete: SK2 @ 5 or 6



Crocodile

Complete Sunfish or evaluated

Incomplete: SK2 @ 5 or 6
Complete: SK3 @ 5 or 6



Whale

Complete Crocodile or evaluated

Incomplete: SK3 @ 5 or 6
Complete: SK4 @ 5 or 6

Swim Kids Program - Levels 1-10

Children can enter the Swim Kids program at age 5 if they have completed Salamander or higher preschool level. If not, they can start Swim Kids at age 6 (must be 6 within the first 3 days of lessons).

STAR FISH/DUCK SPLIT - 4 - 24 months old

Child Participates with a caregiver

Barcode	Day	Start Date	End Date	Start Time	End Time
5933	Mon	01/03/2022	03/21/2022	09:05	09:35
5942	Mon	01/03/2022	03/21/2022	16:30	17:00
5979	Tue	01/04/2022	03/15/2022	17:05	17:35
5994	Wed	01/05/2022	03/16/2022	10:25	10:55
5999	Wed	01/05/2022	03/16/2022	16:30	17:00
6084	Sat	01/08/2022	03/19/2022	08:30	09:00
6109	Sat	01/08/2022	03/19/2022	11:40	12:10

SEA TURTLE - 24-36 months old

Child participates with a caregiver.

Barcode	Day	Start Date	End Date	Start Time	End Time
5937	Mon	01/03/2022	03/21/2022	11:00	11:30
5953	Mon	01/03/2022	03/21/2022	18:15	18:45
6013	Wed	01/05/2022	03/16/2022	18:15	18:45
6031	Thu	01/06/2022	03/17/2022	16:30	17:00
6056	Fri	01/07/2022	03/18/2022	10:25	10:55
6087	Sat	01/08/2022	03/19/2022	09:05	09:35
6105	Sat	01/08/2022	03/19/2022	11:05	11:35

Did you Know....

We offer babysitter courses, first aid courses, lifeguarding courses, instructor courses and recertifications as well as monthly memberships, birthday party packages and private rentals.

Please visit steinbach.ca for more information.

SWIM KIDS 3

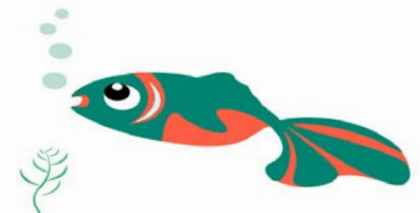
Must have completed SK2 or be evaluated.

Barcode	Day	Start Date	End Date	Start Time	End Time
5939	Mon	01/03/2022	03/21/2022	16:30	17:00
5950	Mon	01/03/2022	03/21/2022	17:40	18:10
5973	Tue	01/04/2022	03/15/2022	16:30	17:00
5978	Tue	01/04/2022	03/15/2022	17:05	17:35
5997	Wed	01/05/2022	03/16/2022	16:30	17:00
6015	Wed	01/05/2022	03/16/2022	18:30	19:00
6019	Wed	01/05/2022	03/16/2022	19:05	19:35
6034	Thu	01/06/2022	03/17/2022	16:30	17:00
6039	Thu	01/06/2022	03/17/2022	17:05	17:35
6050	Thu	01/06/2022	03/17/2022	18:15	18:45
6063	Fri	01/07/2022	03/18/2022	16:30	17:00
6067	Fri	01/07/2022	03/18/2022	17:05	17:35
6079	Fri	01/07/2022	03/18/2022	18:15	18:45
6085	Sat	01/08/2022	03/19/2022	08:30	09:00
6092	Sat	01/08/2022	03/19/2022	09:40	10:10
6097	Sat	01/08/2022	03/19/2022	10:15	10:45

Swim Kids 4

Must have completed SK3 or be evaluated

Barcode	Day	Start Date	End Date	Start Time	End Time
5947	Mon	01/03/2022	03/21/2022	17:05	17:35
5959	Mon	01/03/2022	03/21/2022	19:05	19:35
5983	Tue	01/04/2022	03/15/2022	17:40	18:10
6006	Wed	01/05/2022	03/16/2022	17:05	17:35
6030	Wed	01/05/2022	03/16/2022	20:30	21:00
6043	Thu	01/06/2022	03/17/2022	17:40	18:10
6060	Fri	01/07/2022	03/18/2022	16:30	17:00
6103	Sat	01/08/2022	03/19/2022	11:05	11:35



SWIM KIDS 1 - 6 years and up

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Barcode	Day	Start Date	End Date	Start Time	End Time
6068	Fri	01/07/2022	03/18/2022	17:05	17:35
6072	Fri	01/07/2022	03/18/2022	17:40	18:10
6080	Fri	01/07/2022	03/18/2022	18:30	19:00
6082	Sat	01/08/2022	03/19/2022	08:30	09:00
6089	Sat	01/08/2022	03/19/2022	09:05	09:35
6095	Sat	01/08/2022	03/19/2022	09:40	10:10
6104	Sat	01/08/2022	03/19/2022	11:05	11:35
6111	Sat	01/08/2022	03/19/2022	12:10	12:40
6112	Sat	01/08/2022	03/19/2022	12:15	12:45

SWIM KIDS 2

Must have completed SK1 or be evaluated

Barcode	Day	Start Date	End Date	Start Time	End Time
5944	Mon	01/03/2022	03/21/2022	17:05	17:35
5951	Mon	01/03/2022	03/21/2022	17:40	18:10
5975	Tue	01/04/2022	03/15/2022	16:30	17:00
5977	Tue	01/04/2022	03/15/2022	17:05	17:35
5985	Tue	01/04/2022	03/15/2022	17:40	18:10
5991	Tue	01/04/2022	03/15/2022	18:15	18:45
6003	Wed	01/05/2022	03/16/2022	17:05	17:35
6011	Wed	01/05/2022	03/16/2022	17:40	18:10
6021	Wed	01/05/2022	03/16/2022	19:20	19:50
6027	Wed	01/05/2022	03/16/2022	20:15	20:45
6032	Thu	01/06/2022	03/17/2022	16:30	17:00
6049	Thu	01/06/2022	03/17/2022	18:15	18:45
6054	Thu	01/06/2022	03/17/2022	18:30	19:00
6059	Fri	01/07/2022	03/18/2022	16:30	17:00
6066	Fri	01/07/2022	03/18/2022	17:05	17:35
6074	Fri	01/07/2022	03/18/2022	17:40	18:10
6098	Sat	01/08/2022	03/19/2022	10:25	10:55
6100	Sat	01/08/2022	03/19/2022	10:30	11:00
6102	Sat	01/08/2022	03/19/2022	11:05	11:35
6106	Sat	01/08/2022	03/19/2022	11:35	12:05

SEA OTTER - 3 - 5 years old

Child participates with a caregiver. Children repeating Sea Otter should also need an adult participating with them in the water

Barcode	Day	Start Date	End Date	Start Time	End Time
5934	Mon	01/03/2022	03/21/2022	09:50	10:20
5936	Mon	01/03/2022	03/21/2022	10:35	11:05
5941	Mon	01/03/2022	03/21/2022	16:30	17:00
5943	Mon	01/03/2022	03/21/2022	17:05	17:35
5949	Mon	01/03/2022	03/21/2022	17:40	18:10
5962	Mon	01/03/2022	03/21/2022	19:20	19:50
5971	Tue	01/04/2022	03/15/2022	16:30	17:00
5976	Tue	01/04/2022	03/15/2022	17:05	17:35
5980	Tue	01/04/2022	03/15/2022	17:05	17:35
5987	Tue	01/04/2022	03/15/2022	17:40	18:10
5989	Tue	01/04/2022	03/15/2022	18:15	18:45
5993	Wed	01/05/2022	03/16/2022	09:50	10:20
5995	Wed	01/05/2022	03/16/2022	10:35	11:05
6001	Wed	01/05/2022	03/16/2022	16:30	17:00
6005	Wed	01/05/2022	03/16/2022	17:05	17:35
6007	Wed	01/05/2022	03/16/2022	17:40	18:10
6018	Wed	01/05/2022	03/16/2022	19:05	19:35
6024	Wed	01/05/2022	03/16/2022	19:40	20:10
6038	Thu	01/06/2022	03/17/2022	17:05	17:35
6045	Thu	01/06/2022	03/17/2022	17:40	18:10
6048	Thu	01/06/2022	03/17/2022	17:55	18:25
6055	Fri	01/07/2022	03/18/2022	09:50	10:20
6057	Fri	01/07/2022	03/18/2022	10:35	11:05
6062	Fri	01/07/2022	03/18/2022	16:30	17:00
6064	Fri	01/07/2022	03/18/2022	17:05	17:35
6073	Fri	01/07/2022	03/18/2022	17:40	18:10
6076	Fri	01/07/2022	03/18/2022	18:15	18:45
6081	Fri	01/07/2022	03/18/2022	18:30	19:00

SEA OTTERContinued

Barcode	Day	Start Date	End Date	Start Time	End Time
6086	Sat	01/08/2022	03/19/2022	08:30	09:00
6090	Sat	01/08/2022	03/19/2022	09:05	09:35
6093	Sat	01/08/2022	03/19/2022	09:40	10:10
6096	Sat	01/08/2022	03/19/2022	10:15	10:45
6101	Sat	01/08/2022	03/19/2022	11:00	11:30
6107	Sat	01/08/2022	03/19/2022	11:40	12:10
6114	Sat	01/08/2022	03/19/2022	12:15	12:45
6115	Sat	01/08/2022	03/19/2022	12:30	13:00

SALAMANDER

Must have completed Sea Otter or be evaluated

Barcode	Day	Start Date	End Date	Start Time	End Time
5935	Mon	01/03/2022	03/21/2022	10:25	10:55
5945	Mon	01/03/2022	03/21/2022	17:05	17:35
5954	Mon	01/03/2022	03/21/2022	18:15	18:45
5988	Tue	01/04/2022	03/15/2022	18:15	18:45
5996	Wed	01/05/2022	03/16/2022	11:00	11:30
6004	Wed	01/05/2022	03/16/2022	17:05	17:35
6012	Wed	01/05/2022	03/16/2022	18:15	18:45
6020	Wed	01/05/2022	03/16/2022	19:05	19:35
6033	Thu	01/06/2022	03/17/2022	16:30	17:00
6042	Thu	01/06/2022	03/17/2022	17:20	17:50
6058	Fri	01/07/2022	03/18/2022	16:30	17:00
6083	Sat	01/08/2022	03/19/2022	08:30	09:00
6094	Sat	01/08/2022	03/19/2022	09:40	10:10
6108	Sat	01/08/2022	03/19/2022	11:40	12:10

SUNFISH

Must have completed Salamander be evaluated

Barcode	Day	Start Date	End Date	Start Time	End Time
5986	Tue	01/04/2022	03/15/2022	17:40	18:10
6008	Wed	01/05/2022	03/16/2022	17:40	18:10
6075	Fri	01/07/2022	03/18/2022	17:55	18:25
6091	Sat	01/08/2022	03/19/2022	09:05	09:35

SWIM KIDS 1 - 6 years and up

May register in SK1 at age 5 if completed Salamander or a higher preschool

Barcode	Day	Start Date	End Date	Start Time	End Time
5940	Mon	01/03/2022	03/21/2022	16:30	17:00
5946	Mon	01/03/2022	03/21/2022	17:05	17:35
5948	Mon	01/03/2022	03/21/2022	17:40	18:10
5956	Mon	01/03/2022	03/21/2022	18:30	19:00
5961	Mon	01/03/2022	03/21/2022	19:05	19:35
5963	Mon	01/03/2022	03/21/2022	19:40	20:10
5969	Mon	01/03/2022	03/21/2022	20:30	21:00
5970	Tue	01/04/2022	03/15/2022	16:30	17:00
5974	Tue	01/04/2022	03/15/2022	16:30	17:00
5981	Tue	01/04/2022	03/15/2022	17:05	17:35
5984	Tue	01/04/2022	03/15/2022	17:40	18:10
5990	Tue	01/04/2022	03/15/2022	18:15	18:45
5992	Tue	01/04/2022	03/15/2022	18:15	18:45
5998	Wed	01/05/2022	03/16/2022	16:30	17:00
6002	Wed	01/05/2022	03/16/2022	17:05	17:35
6010	Wed	01/05/2022	03/16/2022	17:40	18:10
6016	Wed	01/05/2022	03/16/2022	18:45	19:15
6022	Wed	01/05/2022	03/16/2022	19:40	20:10
6029	Wed	01/05/2022	03/16/2022	20:15	20:45
6035	Thu	01/06/2022	03/17/2022	16:30	17:00
6037	Thu	01/06/2022	03/17/2022	17:05	17:35
6040	Thu	01/06/2022	03/17/2022	17:05	17:35
6044	Thu	01/06/2022	03/17/2022	17:40	18:10
6052	Thu	01/06/2022	03/17/2022	18:15	18:45
6061	Fri	01/07/2022	03/18/2022	16:30	17:00
6065	Fri	01/07/2022	03/18/2022	17:05	17:35

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